

# ANNUAL REPORT



2021

# ABOUT US

Nicasa Behavioral Health Services is a behavioral health and social service organization that provides education, prevention, early intervention, treatment, and recovery services and support to help youth, adults, and their families achieve their greatest human potential. This is realized through the mission of the organization, which is to transform one life at a time through our behavioral and social health services. The organization can be found enhancing various communities at eight sites throughout Lake County. The vision is emphasized through growth and flexibility so that services can support individuals and families, wherever they may be, thereby improving communities and becoming a premier behavioral and social health service provider. The mission and vision are supported by a network of dedicated and caring professionals who exhibit award-winning skills when working with individuals across the continuum of care. Staff members approach all situations and services with respect for all individuals, provide services in a diverse and culturally competent manner, and ground all efforts in the shared values of the organization, which are advocacy, service excellence, inclusivity, integrity, and compassion.

## MISSION

***Transforming one life at a time through our behavioral and social health services.***

## VISION

Strengthen the communities we serve by being the premier behavioral and social health services provider.

## VALUES





# LETTER FROM LEADERSHIP

Dear Friends,

While 2021 continued to be a challenging year as the COVID-19 continued to ravage our communities, it was also a time of hope and reconnection. As we entered our 55th year of service to the community, Nicasa channeled these renewed feelings into a main tenet of our mission: recovery. This is a primary element of the client-centered services we provide, and our flexibility allows us to continue meeting individuals and families in their respective moments of seeking help. In keeping with pandemic safety precautions, we also ventured into more basic elements to assist people in meeting their needs so they could positively focus on their behavioral health treatment. In a time when national overdose deaths reached an all-time high, and mental health symptoms are the most prevalent and overwhelming than ever before, especially amongst our youth, Nicasa remained strong and committed to its staff and community so that everyone may begin to heal collectively.

Highlights from the year of hope include:

**Stable Families Fund**, a newly created resource for families in our Family Advocacy Center to provide direct client assistance, continued to grow. As families continued to experience distress with everyday needs, we provided this fund as a way to help stabilize their home environments. Thanks to the Steans Family Foundation, who initiated the base funds for this resource, for their continued support, to increase the fund to over \$17,000 since inception. Over time, this provided food and medication assistance to 239 children across 115 families.

**Nicasa's Endowment Fund** was created in 2020 with a matching opportunity from the Healthcare Foundation of Northern Lake County, the first of its kind provided by the foundation. In six months we were able to not only meet, but also exceed the match opportunity and reach a total of more than \$225,000 by the end of the fiscal year. This fund is essential for our future in times of crisis, like the COVID-19 pandemic, as well as for the sustainability and growth of our programming.

**Rapid Re-Housing** was a new program implemented this fiscal year to assist homeless adults with criminal justice involvement find a new home and learn how to sustain their new living environment. We provided everything from short-term rental costs to case management to furniture and new home kits to help put people on the right path to a positive living experience. With funds provided by an Emergency Solutions Grant from Lake County Community Development, Nicasa was able to successfully house 12 adults, all of whom have remained in their new homes without further criminal involvement. In this project we were able to positively impact the homelessness issue in Lake County as well as reduce the rate of recidivism.

Looking ahead we strive to meet the growing behavioral health needs in the community, as the pandemic has left many in overwhelming situations, and instill the idea of recovery for everyone.

We honor and thank you for your support and partnership with us to improve the lives of all Lake County residents so we may all benefit from a safer and healthier community. Please follow us on social media, join our email list, volunteer at our events, donate to support our programs, and spread the news of our positive impact.

With grateful appreciation,



Bruce N. Johnson  
Chief Executive Officer



Ali O'Brien  
President of the Board of Directors



# OUR 2021 GOALS

Nicasa Behavioral Health Services aims to assist individuals and families so they may reach their fullest human potential while living safe and healthy lives. In order to accomplish this, Nicasa focuses on preventing, reducing, and treating substance use. Additionally, Nicasa provides supportive services, both as a part of the recovery process and as a complement to substance use services. Most notably, the organization takes great focus on treating concurrent substance use and mental health challenges (whether co-occurring or not). This enables Nicasa to assist individuals and families, improve behaviors and overall health, stabilize living environments and family structures, teach new skills, eliminate negative systemic involvement, and ultimately prevent various types of fatalities (e.g. overdoses, suicides, abuse, neglect, and etc.).

## 1

**80% of Prevention Services program participants will attend a minimum of 80% of all sessions.**

Nicasa provides the evidence-based curriculum "Too Good For Drugs" in 13 middle schools across Waukegan, Mundelein, and Wauconda to teach about youth substance use and the ways in which it can be prevented. In FY21, 80% of students received the full curriculum and additional booster sessions.

## 2

**80% of Teen Court participants will not re-offend within 12 months of case closure.**

Teen Court, one of the largest and oldest peer jury programs in Illinois, is a collaborative effort between Nicasa, local police departments, and the Lake County Sheriff's Department. The goal is to give youth a second chance who have committed a criminal offense by connecting meaning with behavior in order to develop positive and healthy lifestyles, free of delinquent acts. In FY21, 98% of youth who successfully completed the program did not re-offend within 12 months of closing their case.

## 3

**70% of substance use, mental health, and problem gambling clients will complete treatment successfully.**

Nicasa provides outpatient, intensive outpatient, and an adult residential recovery halfway house as a means to provide behavioral health services, based on the individualized needs of clients who need help. In FY21, 85% of substance use clients (inpatient and outpatient), 87% of mental health clients, 87% of problem gambling clients, and 67% of Bridge House clients all completed their treatment successfully.

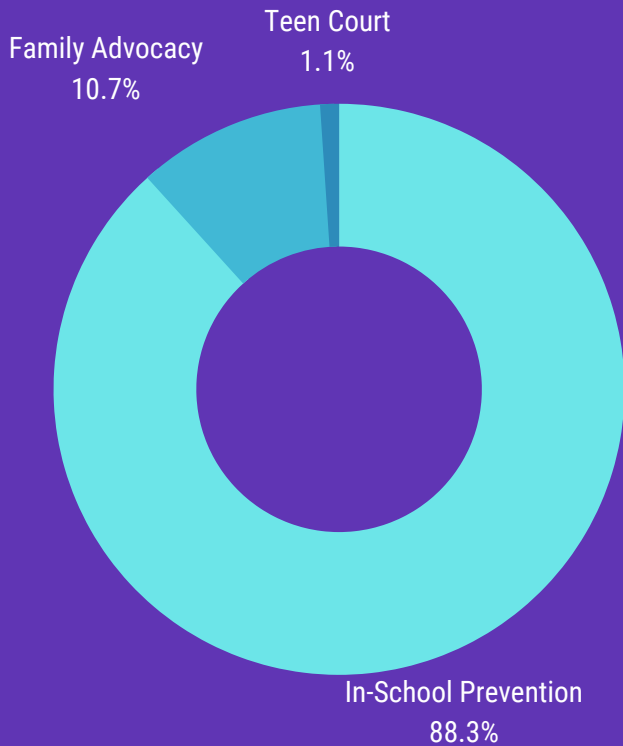
## 4

**100% of Family Advocacy Center Services clients will receive a family assessment and will not experience instances of abuse and/or neglect.**

The Family Advocacy Center, created in 2010, provides parenting, communication, family support, basic needs assistance, and more to stabilize family units and teach them healthy skills so they may remain intact without child welfare involvement. In FY21, 100% of families received an individualized assessment and 99% did not experience any instances of abuse and/or neglect while they were engaged in the program.

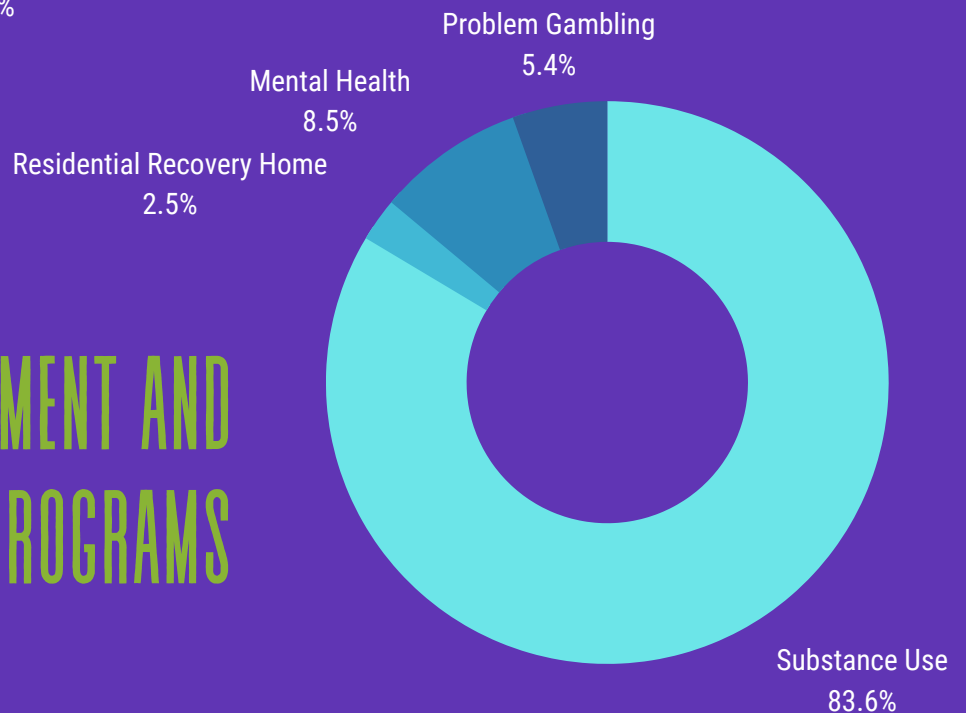
# OUR 2021 SERVICE DELIVERY

**85%**  
AVERAGE PERCENTAGE  
OF PEOPLE UNABLE TO  
PAY FOR CARE



## PREVENTION, FAMILY SOCIAL SERVICES, AND DIVERSION PROGRAMS

## TREATMENT AND RECOVERY PROGRAMS



# OUR 2021 STRATEGY

***Nicasa Behavioral Health Services provides a continuum of care comprised of education, prevention, early intervention, treatment, and recovery services.***

This is accomplished via individualized outpatient and intensive outpatient treatment, which includes individual, group, and partner modalities. The organization also provides a variety of prevention programming to improve community education, safety, and wellness, while also moving forward with innovative programming, such as rapid re-housing for criminally-involved adults, criminal justice diversion programming, supportive services for child welfare, and specialized programming for individuals experiencing co-occurring substance

use and mental health difficulties accompanied by other complexities. For those who require a heightened level of treatment the organization also maintains an adult residential recovery halfway house for ongoing intensive care to best prepare them for independent living in the future.

A variety of licensed and credentialed staff, including certified alcohol and drug counselors, certified peer recovery support specialists, licensed social workers (clinical and non-clinical), licensed professional counselors (clinical and non-clinical), and certified problem gambling counselors help realize these strategies. A majority of employees have tenure for 10, 15, 20, and over 30 years which emphasizes not only consistency and an enhanced level of care, but also speaks to the impact that Nicasa Behavioral Health Services has on the community.

PROJECTS	OUTCOME
Education, Prevention, and Early Intervention	<ul style="list-style-type: none"><li>• 80% of students received the full Too Good For Drugs prevention and booster prevention curriculum sessions.</li><li>• 98% of participants who successfully completed Teen Court did not re-offend within 12 months of case closure.</li></ul>
Treatment and Recovery	<ul style="list-style-type: none"><li>• 85% of clients successfully discharged from substance use services.</li><li>• 67% of clients successfully discharged from the program.</li><li>• 87% of clients successfully discharged from mental health services.</li><li>• 87% of clients successfully discharged from gambling services.</li></ul>
Social Supports and Specialty Programs	<ul style="list-style-type: none"><li>• 99% of families experienced no instances of abuse and/or neglect while engaged in the program.</li></ul>

# OUR 2021-2023 STRATEGIC PLAN

*Nicasa Behavioral Health Services' current strategic plan was developed with collective input from the Board of Directors, staff, and interns. There are 36 goals across four subcommittees within the Board of Directors. Each subcommittee meets every other month to discuss and evaluate the progress on each of these goals. Below is a summary of primary goal areas and their respective progress.*

GOAL	DETAILS	PROGRESS
Promote a Diverse and Inclusive Organization	Diversifying the Board of Directors and staff to create an inclusive environment focused on belonging for all stakeholders.	<ul style="list-style-type: none"> <li>• Provided Diversity, Equity, Inclusion, and Justice (DEIJ) training as a Board Development topic.</li> <li>• Updated the annual Cultural Competency and Diversity Plan.</li> <li>• Updated policies and procedures with a DEIJ lens to ensure inclusivity for all clients.</li> <li>• Begin to review recruitment and retention strategies.</li> </ul>
Enhance Financial Stability and Long-Term Planning	Refine overall billing processes, create a long-term facilities plan, revise the capital asset plan, and set metrics for the funding portfolio.	<ul style="list-style-type: none"> <li>• The mortgage was refinanced, saving the organization in the long-term.</li> <li>• The Healthy Futures Fund (endowment fund) is continuing to grow.</li> <li>• Identified capital improvements needed and their priority to connect with fundraising opportunities.</li> <li>• Purchasing a new EHR to help streamline future billing processes.</li> </ul>
Expand Fundraising Opportunities	Find new sources of funding, increase current funding amounts, focus on donor relations and cultivation, and hold more fundraising events.	<ul style="list-style-type: none"> <li>• 73 grant applications submitted.</li> <li>• Researched 44 opportunities.</li> <li>• Secured 7 new funding opportunities.</li> <li>• 2 fundraising events (Self-Care Elsewhere and Step Up to SUD).</li> <li>• 99 new donors (60 monetary and 39 in-kind).</li> </ul>
Review and Revise Marketing, Communications, and Branding	Create full scale marketing and communications procedures, and update branding and materials to be diverse and inclusive.	<ul style="list-style-type: none"> <li>• All marketing materials were updated and rebranded with a DEIJ lens, thereby making them more inclusive for all stakeholders.</li> <li>• Created a Communications Policies and Procedures packet.</li> <li>• Updated website and social media content to be inclusive and track data on a regular basis.</li> </ul>



*Over 300 kids in our Family Advocacy Center prepared for the school year while adults in our Rapid Re-Housing program found new places to call home.*

# TRANSITIONS





# TRANSITIONS

*Nicasa helps people make positive changes in their lives, many of which begin with a "first step" towards a new and healthier lifestyle.*



*"I don't really like the idea of saying goodbye to a substance, so, on that note, I will say goodbye to my old self, an individual that never served me. I am saying goodbye because that person is gone, and, although he had a good heart, he was toxic. Toxic to himself, toxic to his wife, and toxic to his children. Being toxic to myself was my greatest fault, unable to be the person necessary to be a good husband and father. I feel relieved, happy, and content to say goodbye to my former self. In a strange sense, I need that person to be who I am now, and I will not look back with regret. I am thankful for all that person taught me. Goodbye toxic me, I am on to bigger and better things." ~ A goodbye letter written by an individual finishing treatment in a substance use relapse prevention group*

**SUBSTANCE USE SERVICES:** Recovery is a process of change through which individuals improve their health and wellness, by focusing on four dimensions (health, home, purpose, and community) to reach their fullest potential. A major part of this process is change or "transition," which looks different for each person and can take place multiple times throughout the process. Nicasa provides consultations, evaluations, assessments, education, treatment, and recovery support for youth and adults in order to support them through each stage and help them learn to live new, self-directed lives.

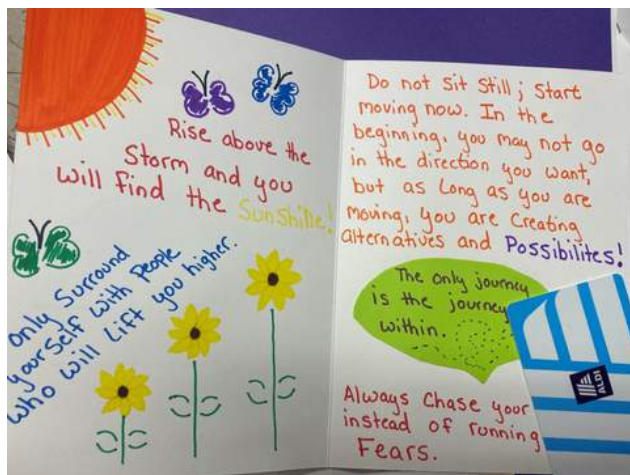
*"The parenting program helped me progress positively with my kids. It gave me insight on how to handle certain situations with my kids and stay calm, and before I didn't know how to go about certain situations. This is a great program for any parent trying to get good advice and tips on coping with your kids in positive ways. I really enjoyed the classes and the help and support I received from the counselor. Overall, the program helped me be a better man. Thank you!" ~ A parent receiving Family Advocacy Services*



*Encouragement letter and a grocery store gift card from the Stable Families Fund to help feed and support one of many families.*

## **FAMILY ADVOCACY SERVICES AND STABLE FAMILIES FUND:**

No one is born knowing how to be a parent, and for many this is an essential element of the second dimension of recovery (home). Transitions here include people learning to parent differently than how their parents raised them, positively engaging with their children to not create instances of abuse and/or neglect, and breaking down generational trauma, some of which may be contributing to their behavioral health symptoms. The COVID-19 pandemic also created unique challenges for parents in the areas of school, employment, and the provision of basic needs for their families. Nicasa provides family assessments, parenting education, coordination of services, advocacy, and financial assistance for food and medication to stabilize families, keep them together, and equip them with the skills they need to not become involved in the child welfare system.







# TRADITIONS

COVID-19 can't stop our kids! Teen Court Volunteers gave back to their communities by participating in their annual Graffiti Clean Up, reading books to children at the library, and handing out safe candy for Halloween. Even throughout COVID-19, Teen Court continued to have a **2% re-offense rate for participants**, with the remainder of Illinois being 50% or more.





*Staff are passionate about raising awareness for various causes in our communities each year.*

# TRADITIONS



**"Wear Red"**  
**Alcohol Awareness**

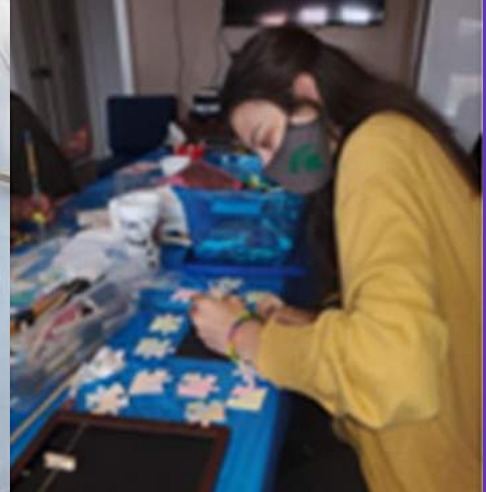


**"Wear Blue"**

**Child Abuse Awareness**







*"I chose Bridge House because I tried other rehabs before, I would go through the motions while in treatment, leave, and relapse. Bridge House had the structure and support I needed in order to stay sober and help me set goals for myself, which I had never done before." ~ C.*

## 43 RESIDENTS

SUCCESSFULLY MOVED TO SOBER  
AND INDEPENDENT LIVING

*"I chose Bridge House because it was a smaller treatment program where I would have more individual time with counselors and it is away from my old environment." ~ A.*



**Bridge House residents work hard on their recovery every day, often utilizing art therapy and peer support activities as a way to process emotions, reduce stigma, and learn healthy coping skills for the future.**

# TRANSFORMATION



*"The group was very helpful. Before entering into this group I didn't really know what gambling was. It wasn't until I listened to the counselor and other members that I realized that gambling can be a very real addiction. With the help of the counselor and group members I was able to identify what my gambling issues were and were not. It was a sense of self reflection that I had never seen or felt before. No one knows how to fix a problem they don't know they have. With the help of this group, I am now aware of the different levels of gambling and their possible outcomes if not dealt with. I have now, because of what I learned from this group, taught my children the dangers of gambling. This class has helped save the future generation of my family and I am forever grateful. Thank you. ~ An adult receiving problem gambling services*

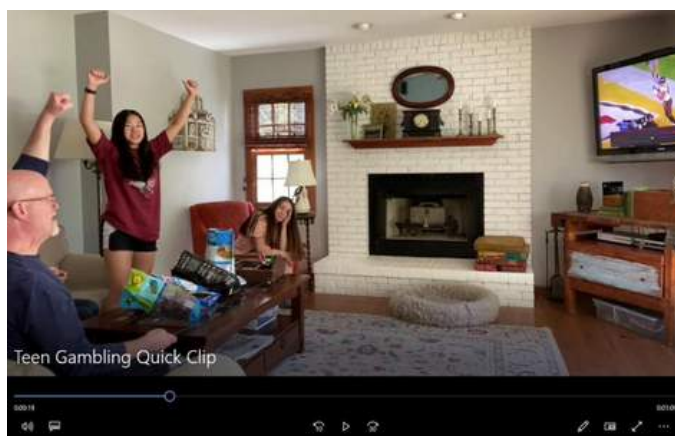


*(Left) Vicky Tello, Dr. Emperatriz Guerra-Hand, Elizabeth Thielen, and Dr. Mary Roberson help provide education and resources regarding the potential impact of gambling on the community as part of Nicasa's Waukegan Casino Community Forum. (Below) One of Nicasa's sports betting awareness billboards as part of our outreach efforts.*



**GAMBLING SERVICES:** As a set of dependent behaviors with the highest rate of suicide, when compared to any other substance, problem gambling and sports betting can drastically alter a person's life. This, in turn affects at least 7 other people within the family unit, and can often lead to generational gambling disorders among youth. For more than 20 years, Nicasa has been providing screenings, consultation, assessments, counseling, outreach, and education. Recently Nicasa has created a teen volunteer group that is working to educate other youth about the risks, signs, and symptoms as 12-18-year-olds (especially athletes) are at a significantly increased risk of engaging in these activities and they are unaware of the consequences.

*The first of its kind in Lake County, Nicasa's Teen Gambling Group creates videos, social media content, and other creative approaches to educate their peers on the risks associated with youth gambling and their academics, finances, and relationships.*



*The foundation of Nicasa's mission and the way in which we save lives every day.*

# TRANSFORMATION

## ***I Am More than My Relapse***

*"As my story goes, I have been to treatment 20+ times and have learned something from every place and time I've been there. My experience at Nicasa has been different in several ways. I feel like my counselors all have an interest in me and what is best for my recovery. Not once have I felt like I was just another client coming through the door because I have to be there, which is not the case, however, inevitable. I feel like I'm listened to, not lectured or told what I should do. I feel respected and trusted, and I feel like they really take the time to get to know me.*

*The 6-week Relapse Prevention Program is excellent and I love that everyone that has been asked to be a part of this program is serious about their recovery and growth. I truly enjoy being part of this group. The way the program is structured and designed I feel is in a way that is a huge piece that will help me with some of the "pieces" I keep missing with every relapse I've had, it's making me think!*

*I am a believer in "things happen for a reason" and it's by no coincidence that I was led in this direction to Nicasa. The programs Nicasa offers are great, however my individual sessions have been a godsend. I have never had a counselor/therapist that is spot on with "me" and what's going on with me. She is terrific and I look forward to working with her individually as long as I can." ~ An individual working through the last stages of intensive outpatient services*

## ***Co-Occurrence Means More Skills, Not More Problems***

*M. first engaged with Nicasa by living at Bridge House. There he worked intensively on his substance dependence, and learned that a root cause was his mental health symptoms. No one had ever talked to M. about his mental health or about how it is okay to feel emotions instead of mask them. After successfully completing treatment at Bridge House, M. moved to Oxford House to continue his sober living and recovery journey. Now he engages in outpatient services and mental health care with a co-occurring counselor at Nicasa's Waukegan office. Throughout his recovery journey M. has learned how to turn his negative thoughts into positive ones, and he has developed an understanding of his personal values and how to use them as strengths in his recovery. "Now I can discuss my feelings related to my past trauma and share them with the members of my group. I am not ashamed of my past anymore, and I don't have to hide. I am ready to show the new me to my community." ~ An adult with co-occurring substance use and mental health challenges who worked his way from the most intensive level of services to successful recovery and maintenance*



## ***Putting My Child First***



*A single mother came to Nicasa's Family Advocacy Services for assistance through the WRAP program. As referred by her DCFS caseworker, for needing help with a medically frail child, it was discovered that the baby required special medication along with a surgical procedure that involved amputation. The mother was frantic, without support, and feared for how she would care for her child after the amputation. She also worried about how to feed her child as the special medication would require most of remaining available income. Upon learning this information, Nicasa's WRAP Facilitator was able to gather food, clothing, and special diapers and wipes for the baby. They were also able to use funds from the Stable Families Fund to provide grocery gift cards for future meal purchases. And with the risk of COVID-19, staff delivered the basic necessities to the mother's front door so she would not have to risk exposing her child to the virus. "This delivery was more than just food and diapers. It gave me the chance to put my baby first and not risk getting sick. It also let me focus on my baby's needs without having to tell my DCFS worker I couldn't feed my family. Thank you Nicasa for helping me when I didn't know how to move forward!" ~ A mother in the WRAP program who was able to learn to care for child and keep her family together when she thought she was out of options*

**Stories from people who were saved  
from abuse, overdose, suicide,  
homelessness, and hunger so they  
may begin new lifestyles with fresh  
beginnings.**

# TRANSFORMATION



Thanks to the generosity of Casey Hippel, an Eagle Scout, his parents, and the entire Troop 48 Scouts BSA - Lake Forest group, the boys installed a new labyrinth at the Round Lake location. They volunteered to plan, raise funds, gather materials, and install the entire project, which was completed in May 2021.

The installation of this labyrinth is an essential component of the comprehensive care provided by Nicasa Behavioral Health Services. Now all people receiving services, as well as general community members, are able to use this spiral walking path as a form of meditation. In following the path to the center, an individual can find peace and clarity through insight and self-reflection. This activity aids in quieting the mind, calming anxiety, restoring balance to one's life, enhancing creativity, and reducing stress. These are all essential components to the recovery process and mental health management.



*A new approach to treating the whole self and finding meaning.*

# TRANSFORMATION

# FINANCIAL REPORT

Fiscal Year 2021 (July 1, 2020 - June 30, 2021)

## REVENUES AND OTHER SUPPORT

Public Support and Revenue	
Contributions	\$353,259
In-Kind Contributions	\$77,985
Special Events	\$5,914
Program Services Fees	\$1,066,509
Fees and Grants from Government Agencies	\$4,619,602
Investment Return, Net	\$7,642
Other Revenue	\$6,003
Net Assets Released from Restriction	\$0
<b>Total Revenues and Other Support</b>	<b>\$6,136,914</b>

## EXPENSES

Program Services	
Prevention	\$562,965
Diversion	\$154,164
Bridge House Residential	\$356,741
Family Services	\$647,650
Mental Health	\$647,294
Substance Use Treatment	\$2,063,562
<b>Total Program Services</b>	<b>\$4,432,376</b>

Supporting Services	
Management and General	\$1,141,495
Fundraising	\$186,835
<b>Total Supporting Services</b>	<b>\$1,328,330</b>

<b>Total Expenses</b>	<b>\$5,760,706</b>
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<b>CHANGE IN NET ASSETS</b>	<b>\$376,208</b>
Net Assets, Beginning of Year	\$1,913,726
Net Assets, End of Year	\$2,289,934

# DONORS AND SUPPORTERS

## **\$100,000+**

Healthcare Foundation of Northern Lake County

## **\$50,000 - \$99,999**

Anonymous

## **\$25,000 - \$49,999**

The John and Kathleen Schreiber Foundation  
Village of Mundelein

## **\$10,000 - \$24,999**

William R. Johnson Family Foundation  
Gorter Family Foundation  
Bruce and DeeDee Johnson  
Konica Minolta Business Solutions U.S.A., Inc.  
United Way of Lake County  
Jim and Robin Snow  
The Grainger Foundation  
The Roe Family Charitable Fund  
The Trustmark Foundation  
Tom and Jeanne Wilkinson

## **\$5,000 - \$9,999**

Janice Kapinos  
Lake County Bar Association and Foundation  
Steans Family Foundation  
The Karich Family Charitable Fund  
Wauconda Township

## **\$2,500 - \$4,999**

Anonymous  
Abbott Employer Matching Fund  
AbbVie Employer Matching Fund  
AT&T Communications  
First Bank of Highland Park Foundation  
David and Mary Kimes  
Meridian Health Plan  
Pfizer  
Scott and Toni Roe  
Vernon Township

## **\$1,000 - \$2,499**

Anonymous  
Aon  
Baird & Warner, Inc. - Patricia J. Madsen  
Baxter International Foundation  
Cuba Township  
Ronelle Diamond  
Peter and Valery Gallagher  
Joy Gossman and Greg Ticsay

William and Linda Johnson  
Patrick and Susan Klemens  
Lakeview Fishing Foundation  
Ray Millington  
National Council for Behavioral Health  
Mark and Ali O'Brien  
Rotary Club of Deerfield  
Rust-Oleum  
Perry and Kim Smith  
Kevin and Cathy Woodside

## **\$500 - \$999**

John and Whitney Allen  
Anonymous  
William Biang  
Zachary Brint  
Carol Burkhart  
Joe and Susan Karich  
Lake County Community Foundation  
Mark Metzger  
Kathy Murawski  
Mutual of America Foundation  
Network for Good  
Tom and Allison Pasquesi  
Round Lake Area Exchange Club  
Yvonne Sherman  
Andrea Usry

## **\$250 - \$499**

Andrew Arias  
Brenda Baker  
David and Diane Bennett  
LaTonya Burton  
Brett Calcari  
Frigo & Company  
IRON Financial  
Donna Jo Maki  
Lawrence Neal  
Suzanne O'Connor  
Pretzel & Stouffer, Chartered  
David Rubin  
Dr. Deborah Smart  
Jan and John Zobus

## **\$0 - \$249**

### ***(Includes In-Kind Only)***

Alcoholics Anonymous-East Central Illinois District 12  
ALEC-Abbott Laboratories Employee's Credit Union  
Staci Allan  
Sharon Allen  
Javier Alonso  
AmazonSmile Foundation

Tricia Anderson  
Anonymous (7)  
Linda and Mark Avers  
Diana Barr  
Robert and Renee Barutha  
Jo Beckwith  
Rita Benavides  
Leon and Marcia Bernstein  
Debra Bobo  
Boeing  
Mark and Lori Boutelle  
Bradford Renaissance Portraits Corp.  
Julia Carpenter  
CDL Consultant Inc.  
Dan and Patricia Carhut  
City of Waukegan  
John Cook  
Laura Cortesi  
Rebecca Craig  
Bonnie Cudahy  
Rosa Marie and Michael Dalsing  
Chasity Davis  
Robin Davis-Schultz  
Deerfield Lions Club Foundation  
Deerfield-Bannockburn Fire Protection District  
Deerfield Police Department  
Mary Dominiak  
Farrell Douglass  
Kaye Dufern  
Wallace and Joan Dunn  
Kimberly Eastman  
Jeanne Engle  
Hannah Epstein  
Sue Fay  
Jim and Suzanne Feret  
Fill a Heart 4 Kids  
First Bank of Highland Park  
William and Joan Flader  
David Flaks  
Kenneth Flaks  
Mr. and Mrs. Fred Foreman  
Owen and Robbie Franklin  
Joseph and Maggie Gallagher  
John Gallagher and Paris Kissel  
Nina Gallivan  
Saroj Gandhi  
Randy Gaynes  
Robert Geiger and Barbara Butz  
Diane Geiser  
Bill and Christine Gentes  
John and Judy George  
GiveNKind  
Mike Goldberg and Carolyn Lanni



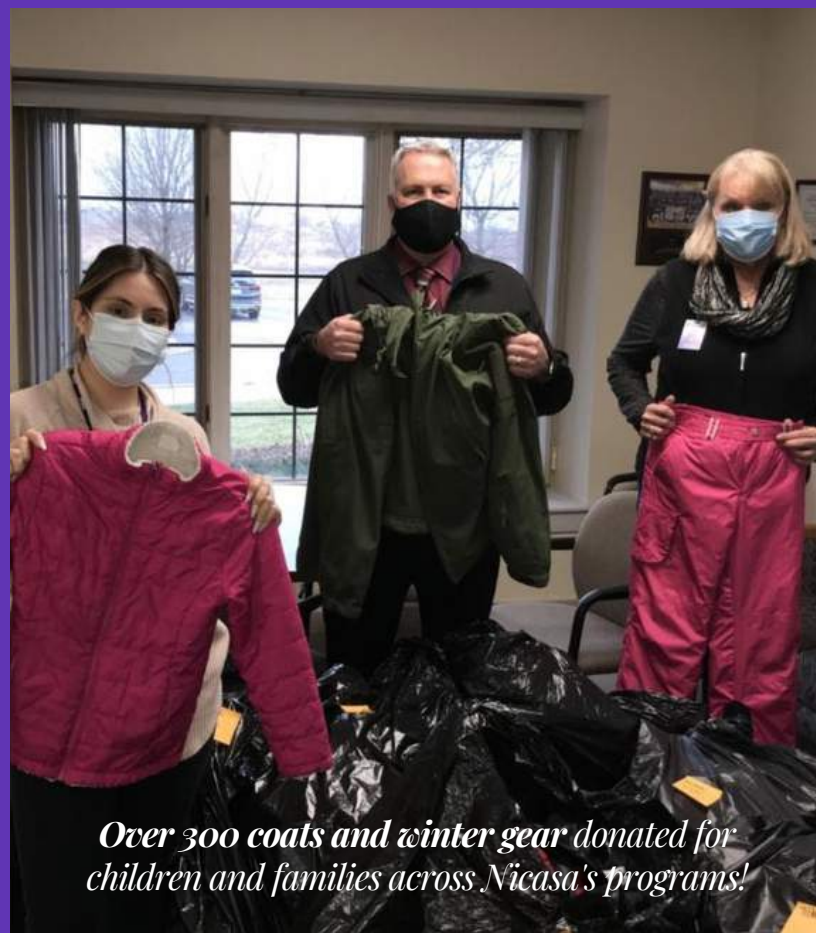
# DONORS AND SUPPORTERS



*Sandy Saldano, Owner of Therapeutic Kneads, Ltd. in Highland Park, and her team gathered items to create 52 **hygiene backpacks** with various products, including blankets, yoga mats, and more for chronically homeless adults in our ARCH Program.*

*(LEFT) Teen Court Coordinator, Annalise Morelli, with Sandy Saldano*

*(BELOW) Chief Executive Officer, Bruce Johnson, with Development Officer, Jocelyn Nunez and Senior Director of TREE Programming, Debi Leer*



*Over 300 coats and winter gear donated for children and families across Nicasa's programs!*

# DONORS AND SUPPORTERS

Gratitude Generation  
Dr. Emperatriz Guerra-Hand  
Gina Gurrola  
Maureen Halloran  
Anton and Marcia Harlfinger  
Bill Hayes and Louise Bryant-Hayes  
Thomas Hehr  
Karen Hines  
Karina Hinojosa  
Steve and Claudia Hippel  
Holy Family Soup Kitchen  
Victor Iswekowa  
Jersey Mike's  
Jimmy John's  
Charlene Johnson  
Jacey Johnson  
Gina Kapinos  
Margaret Karich  
James Kemper  
Annette Kendzior  
Susan Klebek  
Jacqueline Kotula  
Danny Kratovil  
Greg Landgraf  
Daniel and Claire Ann Lang  
Donna Lanza  
Soo Laubach  
Margaret Lavris  
Betty Leer  
Debi Leer  
Legacy Reentry Foundation NFP  
Jeffrey and Janice Leigh  
Michael and Barbara Linder  
Zhihong Liu  
Gloria Lukazewski  
Jonathan Mahoney  
Katherine Mahoney  
Colleen Maire  
Greater St. James Temple COGIC  
Ministries - Women's Fellowship - Marilyn Markham  
George and Susan Marotta  
Heather Marsolek  
Katie May  
Nanette and Katie Mayer  
Honorable Representative Rita Mayfield  
Lori McDonald  
Chastity Mitchell  
Joy Mix  
Michael Moore  
Annalise Morelli  
Beverly Mull  
Amelia Neal  
David Nelson

Mike and Andi Nerheim  
Vicki Newman  
David and Cheryl Nichols  
Kassandra Padilla  
Carol Passalacqua  
Mehul Patel  
Julie Pawl  
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*Toboggan for Teens  
Challenge for  
reaching our 2020  
GivingTuesday goal  
of \$20,000. Thank  
you to all our  
supporters!*



# PARTNERSHIPS AND COLLABORATIONS

A Safe Place  
Abbott Laboratories  
AbbVie  
Adler School of Professional Psychology  
Alexian Brothers' The Harbor  
Allendale  
Allendale Hidden Treasures  
The Alliance for Human Services  
Antioch Police Department  
Antioch Public Library District  
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Avon Community Food Pantry  
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Blue Kids Lake County  
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CROYA  
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Family Services  
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Gateway Foundation  
The Goddard School of Round Lake  
Grainger  
Grant Township  
Gratitude Generation  
Grayslake/Hainesville Police Department

Gurnee Community Church  
Gurnee Fire Department  
Gurnee Police Department  
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Hawthorn Woods Police Department  
Helping Women Period  
Highland Park Welfare Council  
Illinois Alliance on Problem Gambling  
Illinois Association on Behavioral Health  
Illinois Council on Problem Gambling  
Illinois Department of Children & Family Services (DCFS)  
Illinois Department of Corrections  
Illinois Department of Human Services (IDHS)  
IDHS Executive Women's Committee  
Illinois Joining Forces  
Illinois State Board of Education  
Independence Center  
The Institute for Clinical Social Work  
Island Lake Police Department  
Jewel Osco  
Keeping Families Covered  
Lake County Juvenile Probation  
Lake County 19th Judicial District  
Lake County Adult Probation and Psychological Services  
Lake County Bar Association  
Lake County Behavioral Health Treatment Court Collaborative  
Lake County Cares  
Lake County Clerk of the Circuit Court  
Lake County Coalition to Reduce Recidivism  
Lake County Community Development  
Lake County Fair Association  
Lake County Health Department and Community Health Center  
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Lake County Juvenile Justice Council  
Lake County Juvenile Officers Association  
Lake County Mental Health Collaborative  
Lake County Opioid Initiative  
Lake County Public Defender's Office  
Lake County Regional Office of Education  
Lake County Rising  
Lake County Sheriff's Department  
Lake County State's Attorney's Office  
Lake County Suicide Prevention Task Force  
Lake County Underage Drinking & Drug Prevention Task Force  
Lake County Veterans and Family Foundation  
Lake County Workforce Development



# PARTNERSHIPS AND COLLABORATIONS



*Nicasa TREE staff, Reina Triplett and Andrea Miller, gather food from local partners to provide transitional-aged youth with basic necessities so they can focus on their behavioral health.*

*The North Chicago Rotary Club partners on various projects to assist children and families in our Family Advocacy Center.*



*Nicasa's Prevention Department educates and supports the community through various efforts and campaigns, like this one on National Prescription Drug Take Back Day.*

# PARTNERSHIPS AND COLLABORATIONS

Lake County YES Coalition  
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Rotary Club of Deerfield  
Round Lake Area BEST Coalition  
Round Lake Area Exchange Club  
Round Lake Area Library  
Round Lake Area School District 116  
Round Lake Beach Police Department  
Round Lake Beach Public Works  
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Round Lake Park Police Department  
Round Lake Police Department  
Rust-Oleum  
Sage Salon and Beauty Retreat  
Sam's Club  
Share our Spare  
Shields Township  
Staben House  
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Village of Antioch  
Village of Round Lake Heights  
Walgreens  
Warren-Newport Public Library  
Wauconda Police Department  
Waukegan Community Unit School District 60  
Waukegan Park District  
Waukegan Police Department  
Waukegan Public Library  
Waukegan Township  
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**WE THANK YOU**  
**FOR YOUR CONTINUED SUPPORT IN**  
**OUR PROGRAMS**



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