

Bridge House-Residential Recovery Support

Philosophy: The philosophy at Bridge House is that everyone has the unique ability to maintain recovery and return to happy and fulfilling lives.

At Bridge House, residents gain the skills necessary to overcome the obstacles that have kept them from becoming productive, law-abiding, and well-adjusted members of society. These include unemployment, homelessness, criminal behavior, lack of positive peer influences, and, of course, their addiction. Bridge House has thirteen resident rooms with a capacity of 20 residents. Along with the concrete services of providing safe and sanitary room and board under 14-hour supervision, seven days a week, Bridge House provides individualized treatment plans that reflect the holistic needs of the wide range of people we serve. These individualized treatment plans include:

- Case management
- Training in independent living skills
- Random drug screening
- HIV risk reduction education/referral
- Evening group therapy sessions offered 6 days a week
- Weekly individual counseling sessions
- Lectures and discussion groups
- Family education groups
- Nutritional counseling
- GED preparation
- Resume preparation and interview skills
- Computer basics
- Employment counseling and assistance
- Initiation into the recovery community of self-help support groups

With the ultimate goal of self-reliance, each Bridge House resident is working on an individualized discharge plan from the first day of admittance.